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Bangalore Mirror

TEMP Max 30 | Min 22 | Humidity 70% Generally cloudy sky with Light rain Sensex 74,360 | Nifty 23,416 | Gold 1,56,110 | Silver 2,80,000 | Dollar 95.78 | Euro 111.37 | GBP 128.60

ENVIRONMENT DAY SPECIAL

Pedal towards green: Cycle track kerb in KG Layout — CITY / PAGE 2

Built-up land gobbles up most area of city — CITY / PAGE 5

Over 110 islands in Coastal Karnataka shrinking — CITY / PAGE 6

LETHAL METAL

Researchers call for targeted remediation in Bellandur Industrial area as lead, chromium, cadmium creeps into groundwater

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Groundwater in the Bellandur Industrial area is highly contaminated with heavy metals such as lead, chromium, cadmium, copper, and iron.

The issue of groundwater contamination by heavy metals in the area has yet again been highlighted by city-based researchers. Researchers from the Cambridge Institute of Technology tested groundwater samples from 30 locations in the area, and the metal analysis showed that lead exceeded the permissible limit prescribed by BIS and the World Health Organization in 33.33% of the samples, chromium and cadmium were found in high concentration in 53% of the samples tested.

Iron contamination was found in 63% of the samples, and copper exceeded the BIS limit in nearly 37% of the groundwater samples tested.

Researchers say lead, chromium, and cadmium are the biggest threat to health in the region. Targeted remediation and policy interventions are urgently

CONTINUED ON PAGE 4 »

GOT A DRINKING PROBLEM?

Over 52,000 water samples fail quality tests; in B'luru, 10 samples were found to have excess total hardness, four samples showed elevated fluoride levels and one sample had nitrate contamination

Improved surveillance has brought down cases of non-compliance with guidelines

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Drinking water quality monitoring across Karnataka has flagged significant non-compliance over the past three financial years, with tens of thousands of samples failing to meet prescribed standards. The latest data, focusing on Bengaluru, indicates that while large-scale testing is underway, contamination remains a concern in certain pockets.

According to data presented in Lok Sabha, the State tested 2,51,763 water samples for chemical parameters and 46,309 for bacteriological parameters in 2023-24. Union Minister of State for Jal Shakti V Somanna said, "Of these, 24,917 samples had chemical contamination, while 4,670 samples showed bacteriological contamination. The following year, 2024-25, saw an increase in testing. A total

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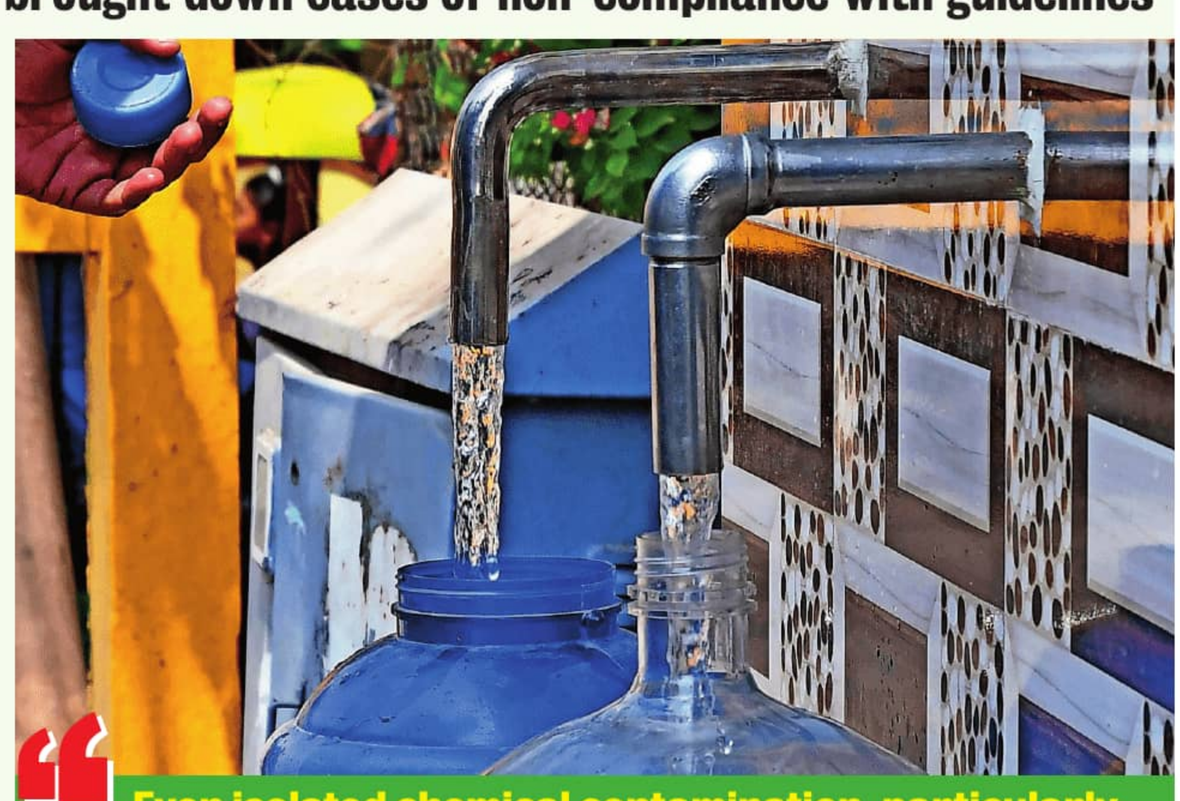


"Even isolated chemical contamination, particularly fluoride and nitrate, can have long-term health implications if exposure continues. Urban local bodies must ensure swift corrective measures —Public health expert

THINGS TO DO

01 Journey of craft

MAATI; The Crafts School presents 'Colours of Maati', bringing together craft, culture and design, while highlighting traditions of Mithila region of Bihar and how women artisans adapt heritage to modern design markets. **Where: SABHA, Bengaluru; When: June 6, 10 am to 8 pm**

02 Call of the jungle

The Galleria Mall has transformed into a Jungle Book-themed destination for children and families, with an immersive experience featuring larger-than-life animatronic displays of iconic characters along with workshops, performances and more. **Where: The Galleria Mall, Yelahanka; When: Until June 7, 12 pm onwards**

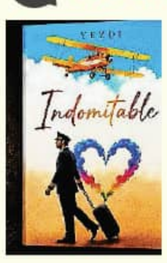
03 Creative conversations

Atta Galatta presents an interactive storytelling session with Lavanya Prasad, bringing Nilah, a handmade Indian doll from the Nilgiris, alive through adventures, imagination, conversation and activities. For ages 4 to 9. **Where: Atta Galatta, Indiranagar; When: June 6, 3.30 pm**

04 Timeless art

Bhoomija presents Beeja Earth Seed, an immersive dance production by Malavika Sarukkai. Conceived as a bold artistic response to ecological crises, it evocatively explores humanity's ties to nature, memory, greed, harmony and loss. **Where: Prestige Centre for Performing Arts; When: June 6, 7 pm**

05 Weathering the storm



Atta Galatta is hosting the launch of 'Indomitable', a heartfelt story of middle-class aspirations and the travails of everyday living – of family, love and laughter coupled with loneliness and death. **Where: Atta Galatta, Indiranagar; When: June 6, 5 pm**

World Environment Day

Dedicated cycle lanes mark step towards safer streets

BDA incorporates track for cyclists and pedestrians, separated from regular vehicular traffic in Nadaprabhu Kempegowda Layout, strengthening road safety for non-motorised transport

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In a significant push towards creating safer infrastructure for commuters, the Bangalore Development Authority (BDA) has begun cycle track kerb construction along the 10.6-km stretch of the Major Arterial Road (MAR) connecting Magadi Road and Mysuru Road through Nadaprabhu Kempegowda Layout (NPKL).

The project, which forms part of the proposed Peripheral Ring Road (PRR) Phase-2 corridor, is expected to provide dedicated space for cyclists and pedestrians while improving connectivity within one of Bengaluru's largest developing layouts.

As per its road design, the MAR features a six-lane main carriageway flanked by service roads. The cycling infrastructure has been incorporated along the service road network, ensuring that cyclists are separated from fast-moving vehicular traffic on the main road.

The cross-section plans show a 1.4-metre-wide dedicated cycle track running parallel to a 2.35-metre-wide pedestrian walkway, creating a combined non-motorised transport corridor of nearly four metres. A small buffer kerb separates the cycle lane from the service road, enhancing safety for riders. Adjacent to the carriageway is a landscaped boulevard area with tree plantations and street lighting, intended to create a greener and more comfortable urban environment.

Small buffer kerb separates cycle lane from road, enhancing safety for riders

Urban mobility experts have often pointed out that Bengaluru's existing cycling tracks are either disconnected, encroached upon or poorly maintained. Against this backdrop, the dedicated cycling lane on MAR is being seen as a welcome move that could encourage more residents to take up cycling for short-distance commuting and recreation.

The 10.6-km road is strategically important as it passes through NPK Layout, one of BDA's flagship residential developments spread across nearly 3,200 acres. Of the planned development, around 2,900 acres have already been developed, with approximately 3,500 sites formed. More than 100 houses have already been constructed and a small but growing number of residents have begun occupying the layout.

While the larger PRR Phase-2 project—planned to connect Electronic City-Hosur Road to Tumakuru Road has not yet commenced, the MAR stretch is expected to act as a critical precursor. Once the remaining PRR sections are completed, the corridor will provide seamless connectivity and eventually integrate with PRR Phase-1.

Residents and cycling enthusiasts say the project could address a long-standing gap in Bengaluru's transport planning, where road projects have traditionally prioritised motor vehicles over cyclists and pedestrians. "For years, cyclists in Bengaluru have been forced to share road space with fast-moving vehicles, making everyday commuting both stressful and unsafe. The dedicated cycling track can help many cyclists and also encourage people who do not cycle. However, the department should ensure that necessary safety measures are in place and that the cycle track is well maintained. Most of the tracks we have in the city are filled with dust and construction materials, nobody even rides on them," said a cyclist.

Separate cycling lane is being welcomed as positive step, expected to encourage more residents to embrace cycling for short commutes and recreation

BDA officials indicate that work is progressing steadily, with construction currently underway at multiple locations. The road is expected to be inaugurated around Kempegowda Jayanthi, marking a significant progress for NPK Layout's infrastructure development. BDA Chairman NA Haris said, "During the NPKL forum there was a demand from the allottees that they wanted the cycle track. The cost of the cycle lane is not included in the sites which have been sold. The reserve fund available with BDA has been used for this purpose. In tune with government priority for footpaths, we went ahead with a walking track as well."

On the dais during the official launch of RISM (from left to right): Prof BN Raghunandan, Former Dean, Aerospace Engineering, IISc, and Chairman, RISM Task Force; Carol H Kim, Provost and Senior Vice President for Academic Affairs, University at Albany; Prof Gurucharan, Executive Director and Chief Strategic Officer, RISM; Dr MR Jayaram, Chairman, GEF (M) and Chancellor, RISM; Havidán Rodríguez, President, University at Albany; Thenkurussi (Kesh) Kesavadas, Vice President for Research and Economic Development, University at Albany; and Dr MM Pallam Raju, Former Minister for Human Resource Development, Government of India.

BSWML launches app to track and manage animal waste

In a bid to improve sanitation and curb the illegal dumping of animal waste, the Bengaluru Solid Waste Management Limited (BSWML) has launched a new mobile application called the Automatic Animal Waste Management System (AAWMS). The app is designed to track and monitor waste generated by the city's thousands of fish, poultry and mutton shops. Under the new system, animal waste from registered fish, poultry and meat shops will be collected separately and transported to a rendering unit on the city's outskirts, where it will be processed into feed for poultry and other livestock. **— BMB**

BU rejects land proposal for Olympic Training Centre

Bangalore University (BU) has declined a proposal to provide 100 acres of land at its Jnana Bharathi campus for the establishment of an Olympic Training Centre proposed by the Union Ministry of Youth Affairs and Sports. The Centre had sought additional land to expand world-class sports infrastructure for training athletes competing at the Olympic level.
However, BU officials said the university does not have any surplus land available.
The proposed facility was intended to complement the existing Sports Authority of India (SAI) regional centre within the Jnana Bharathi campus. **— BMB**

Rains expected ahead for parts of K'taka

The Southwest Monsoon officially advanced into Karnataka on Thursday, bringing widespread rainfall activity across the state and signalling the onset of the monsoon season. According to the India Meteorological Department's Meteorological Centre, the monsoon has progressed into parts of Karnataka, Kerala, Tamil Nadu and adjoining regions, with favourable conditions for further advancement across more parts of the state over the next two to three days. The development is aided by multiple weather systems, including upper-air cyclonic circulations. For Bengaluru, the monsoon arrival is expected to bring a spell of cloudy weather accompanied by rain over coming days. **— BMB**

CRIME FILES

Swift Hoysala helps find missing children, distressed woman

Emergency alerts and quick police action helped trace two missing children and reconnect a vulnerable woman with family

In two separate incidents, Hoysala 218 from K R Puram Police Station and Hoysala 240 from Jeevan Bheema Nagar Police Station helped rescue a missing boy and girl earlier this week.

According to officials of Hoysala 218, they received a tip-off from Namma 112 at 7.23 pm on June 1 that a young boy had gone missing near Venugopala Swamy Temple in Ayyappa Nagar. The officials reached the spot within three minutes and conducted an extensive search in the surrounding area. Shortly afterwards, they traced the boy on a road adjacent to a mosque and reunited him with his parents.

In another incident, personnel from Hoysala 240 received information at 6.06 pm on June 2 that a young girl was wandering near Manipal Hospital in Kodihalli 2nd Stage. The officers reached the location within 12 minutes and found that the girl was carrying a mobile phone.

As the phone was switched off and the girl could not provide her home address, the officers charged the device and contacted her parents. The girl was later handed over safely to her mother.

In a separate case, Hoysala 52 from Hennur Police Station rescued a mentally challenged woman after a citizen contacted the emergency helpline at 9.54 pm on June 3.

Police said the woman was standing alone near Poojamma Temple in Sinthan Nagar and appeared distressed as she struggled to find her way home. The officers reached the spot within 10 minutes and tried to obtain information from her. When communication proved difficult, they made inquiries in the locality, traced her family and safely reunited her with them.

Hoysala officers also advised the family to take proper care of her health and safety.

Externed rowdy found illegally staying in city

Officers of the CCB Organised Crime Squad (East) have traced and apprehended a rowdy sheeter identified as Akram, aged 30. According to officials, Akram has two criminal cases registered against him at DJ Halli Police Station.

Officials stated that due to his repeated involvement in unlawful activities and failure to abide by the law, an externment order was issued against him in March 2026 by the Deputy Commissioner of Police.

As per the order, he was directed to reside in Malur Taluk of Kolar, outside Bengaluru city limits.

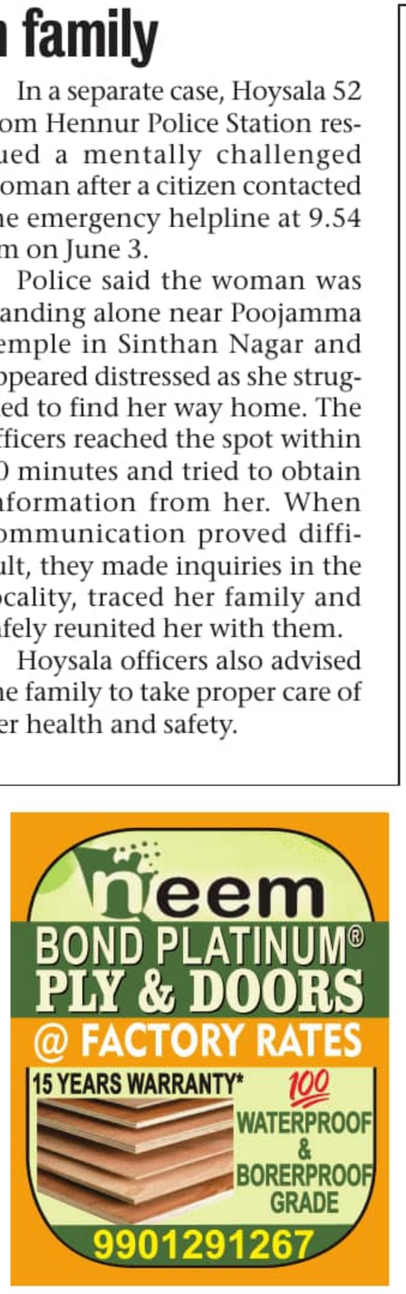
Acting on intelligence received on June 2, officers of the CCB Organised Crime Squad located Akram in the city, where he was allegedly staying in violation of the externment order. –BMB

Criminal skipping court nabbed

Shahid Pasha, aged 30, was apprehended by the CCB Organised Crime Squad after officials learned that the rowdy sheeter was absconding from court proceedings. According to officials, Pasha has multiple criminal cases registered against him at KG Halli Police Station.

A warrant had been issued directing him to appear before the court for trial proceedings. However, after failing to comply with the court's directions, Pasha allegedly went into hiding.

Based on credible information regarding his whereabouts, officers of the CCB Organised Crime Squad traced and apprehended him. Legal action has been initiated against him. –BMB



BM Food & Night Life

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No access to toilets; some still attend nature's call in nature

Despite government subsidies and sanitation schemes, many families in city continue practising open defecation due to entrenched habits and preferences

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Under the Swachh Bharat Mission, the Karnataka government is supposed to sanction eligible households for a financial subsidy of Rs 12,000 for constructing Individual Household Latrines (IHHL). The scheme primarily targets BPL families, SC and ST communities, landless labourers, small farmers, differently abled persons and female-headed households to facilitate personal sanitation and discourage open defecation.

In Bengaluru's Chikka Maralwadi, which has a population of 397 households, 1,031 females and 1,000 males as per the 2011 Census, the IHHL scheme is applicable. However, more than 70 per cent of households do not have toilet facilities inside their homes. Residents often rely on open spaces, ponds and small water outlets for their daily routines, including relieving themselves and bathing.

Hotels on the highway, petrol pumps and primary health centres are used by residents and commuters as the only available toilet facilities in the area. According to Ramesh, a resident of Gundanagollahalli in Chikkamaralwadi, the absence of bathrooms and toilets is a common feature. He spoke with a smile and appeared comfortable with the makeshift arrangements residents have adopted.

His mother, Radha K, 62, has never used a personal toilet and finds the idea of an inbuilt household toilet unusual.

Sanitation infrastructure exists, but behavioural change remains a significant challenge

She said, "I have never used a personal toilet and I am quite used to the habit of finding my way inside bushes or in open fields. There are risks of wild animals and snakes attacking us, but we are adjusted and know how to keep a watch on any disturbing element during our daily jobs." Though Chikkamaralwadi is equipped with government-provided services such as health care, water, electricity and housing, the lack of household toilets remains a concern.

According to Aarthi, who travels from Gundanagollahalli to study at a city engineering college, "It is only recently that we individually insist on personal inbuilt toilets as we are exposed to urban life. Our elders in the family are still not comfortable with this convenient facility inside the house."

> **"It is only recently that we individually insist on personal inbuilt toilets as we are exposed to urban life. Our elders in the family are still not comfortable with this convenient facility inside the house**
> – Aarthi, engineering student

In a city known as India's Silicon Valley and IT hub, the absence of basic sanitation facilities inside homes is striking. A few toilets have been constructed by the Gram Panchayat, and residents are comfortable using them. However, there are no pay-and-use toilet facilities in the area.

According to a baseline survey conducted in 2012 by the Rural Development and Panchayat Raj Department, Karnataka, only 35 per cent of the state's 70.32 lakh rural households had access to toilets, while 65 per cent lacked such facilities. Following the launch of the Swachh Bharat Mission on October 2, 2014, more than 48 lakh Individual Household Latrines were constructed across rural Karnataka by November 2018. The department stated that rural Karnataka was declared Open Defecation Free under the mission. However, an evaluation study by the Karnataka Monitoring and Evaluation Authority found that 27 per cent of surveyed households continued to practise open defecation despite having access to toilets. The survey covered 1,121 respondents across 13 districts.

The study also found that 73 per cent of respondents used toilets, highlighting a gap between sanitation infrastructure and actual usage.

Several residents of Maralwadi said they are still waiting for improved latrine facilities, noting that open defecation can damage crops, affect soil and water quality, and pose risks to health and safety.

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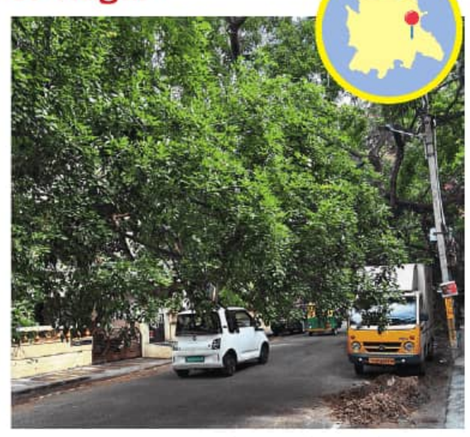
Uncleared debris
HSR Layout

Garbage and debris have remained uncleared for months on 21st Cross, 7th Sector, HSR Layout, owing to irregular sweeping and poor upkeep.

Tree trouble
JP Nagar


Overgrown tree branches along 25th Main, JP Nagar, are obstructing traffic and posing safety risks, while authorities have yet to take action

Carcinogenic risks from chromium are critical

CONTINUED FROM PAGE 1

needed. The study underlines that children face significantly higher likelihoods of experiencing chronic systemic health issues from toxic exposures compared to the general population. "Groundwater metals – iron, copper, lead, chromium, and cadmium frequently exceeded BIS limits, with multiple hotspots showing multi-metal contamination. These compliance violations establish the foundation for subsequent risk analysis," noted the study.

Carcinogenic risks from chromium are critical, and lifetime cancer risk from contamination due to this heavy metal exceeded the benchmark at multiple stations, with hotspots reaching orders of magnitude above acceptable limits, underscoring severe carcinogenic potential.

Water quality experts say that while the primary source of heavy metals in groundwater can be linked to the natural process of rock weathering and leaching of the earth's crust, human intervention cannot be denied. "Heavy metal in groundwater in Bengaluru can be geogenic in nature, but our role in the irresponsible handling of wastewater cannot be ignored. Unscientific waste disposal, including landfills, untreated effluent from industries entering surface water bodies, and overuse of fertilisers in agriculture, are some probable reasons for elevated heavy metal toxicity in groundwater," said Experts say the primary source of heavy metals such as chromium and lead in groundwater is untreated discharge from industrial activities such as leather tanning, dyeing, laundry, and automobile-related industries.

"There are many such industries in the area. An elevated level of toxic elements in groundwater implies that these industries are not following rules under the Water Act. It also shows that the regulatory authority, which is the Karnataka State Pollution Control Board (KSPCB), is not performing its duties," added the expert.

For drinking water, quality as important as quantity

CONTINUED FROM PAGE 1

of 2,72,166 samples were examined for chemical parameters and 1,18,079 for bacteriological parameters. Non-compliance was recorded in 17,261 samples for chemical contamination and 2,574 for bacteriological contamination." In the 2025-26 financial year, 1,96,194 samples have been tested for chemical parameters and 50,134 for bacteriological parameters. Of these, 10,911 samples were chemically contaminated and 452 samples showed bacteriological contamination.

Bengaluru in soup

Specific instances of contamination have been recorded within GBA limits this year. Ten samples were found to have excess total hardness, four samples showed elevated fluoride levels and one sample had nitrate contamination. While the numbers within Bengaluru are relatively small compared to the statewide figures, experts note that chemical contamination in urban centres requires close monitoring due to dense population and dependence on both Cauvery water and groundwater sources. A senior official associated with water quality monitoring said, "The rise in testing over the years reflects improved surveillance. The proportion of non-compliant samples has reduced compared to earlier years, especially in bacteriological parameters."

What the numbers indicate

A closer look at the data suggests that in 2023-24, nearly 10% of chemically tested samples were non-compliant. This proportion declined in 2024-25 and continues to show a downward trend so far in 2025-26. Bacteriological contamination has also reduced significantly this year. Public health specialists, however, caution against complacency. "Even isolated chemical contamination, particularly fluoride and nitrate, can have long-term health implications if exposure continues. Urban local bodies must ensure swift corrective measures," said a Bengaluru-based public health expert. Officials maintain that corrective actions such as chlorination, pipeline maintenance and source-level interventions are being carried out regularly.

"The data signals that while monitoring mechanisms are active and coverage has expanded, consistent vigilance remains essential. For Bengaluru, where water demand continues to grow, maintaining quality standards will be as critical as ensuring supply," a water expert said.

World Environment Day

Explosive urban growth reshapes city's landscape

Decades of urbanisation has come at cost of vegetation, wetlands and agricultural spaces, as per findings of study revealing sevenfold increase in built-up land

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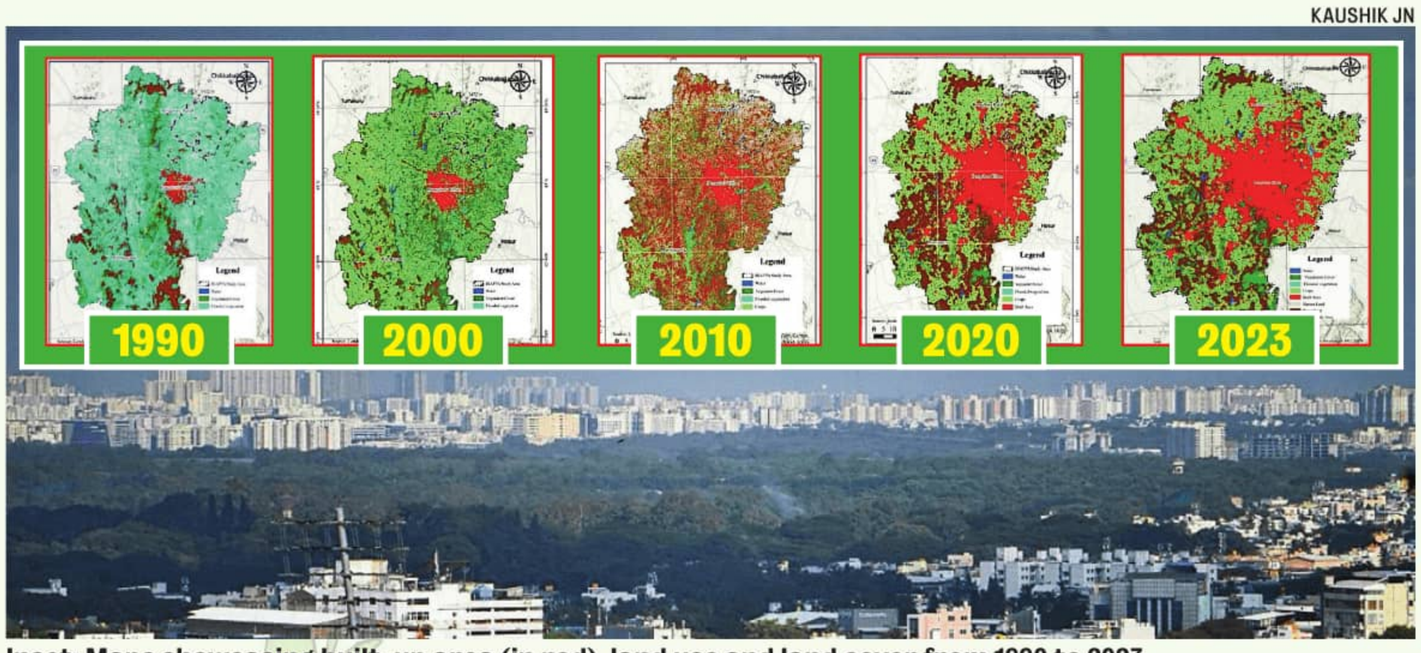
KAUSHIK JN



Inset: Maps showcasing built-up area (in red), land use and land cover from 1990 to 2023

Bengaluru is under immense pressure from rapid and unregulated urban growth. In the last three decades, the city has undergone explosive expansion of built-up land, which grew from 28,009 hectares in 1990 to 202,521 hectares in 2023, a sevenfold increase. It has been revealed in a satellite-based analysis by researchers from the University of Mysore.

In the study, researchers categorised the Bengaluru Metropolitan region into seven classes of land use and land cover: built-up area, cropland, vegetation, flooded vegetation, water bodies, bare ground and rangeland.

The results indicate that the sevenfold increase in built-up land is largely at the expense of cropland (reduced by 36.7 per cent), vegetation (total area decreased by 24.3 per cent) and wetlands (decrease of 99 per cent). Urbanisation, at the expense of open spaces and agricultural land, has been most intense along major corridors, including Tumakuru Road, Mysuru Road, Old Madras Road and Ballari Road.

The study was conducted in three phases. Researchers analysed land use and land cover change of Bengaluru between 1999 and 2000, between 2010 and 2020 and land cover change in 2023.

Between 1990 and 2000, Bengaluru experienced rapid urban growth, with the built-up area increasing from 28,009 hectares to 65,868 hectares. This surge was observed along major corridors toward Whitefield, Electronic City and Yelahanka. Additionally, the vegetation cover in this period nearly doubled from 63,977 hectares to 121,720 hectares, indicating plantation activities. However, flooded vegetation declined sharply, leading to a considerable loss of wetland ecosystems.

According to the analysis, Bengaluru, between 2010 and 2020, witnessed the most intense urban expansion. The built-up area in the city nearly doubled from 87,424 hectares to 177,277 hectares as surrounding towns such as Hosakote, Bidadi and Doddaballapura developed rapidly. However, in the given period, green cover declined substantially, from 95,698 hectares in 2010 to 49,988 hectares in 2020, reflecting the conversion of green spaces for urban and infrastructure development.

By 2023, the built-up area in Bengaluru reached 202,521 hectares, and this urban sprawl continued into former agricultural and rural areas.

Although vegetation cover showed some recovery, the remaining green spaces were already fragmented, reducing their overall ecological value.

"As more people and businesses concentrate in the city, land use patterns are changing, with many rural areas gradually becoming urban. This growth has also led to environmental challenges, including the loss of green spaces and increased pressure on natural resources," researchers have noted.

Namma Metro's contribution

A recent GIS-based analysis of satellite data conducted by researchers from the School of Civil Engineering at REVA University showed that the landscape surrounding metro corridors also underwent extreme transformation between 1997 and 2024. In 1997, the total built-up area within the 1,500-metre buffer zone around metro corridors was 146.88 square kilometres.

However, by 2024, it increased to 232.94 sq km, registering a surge of over 86 sq km.

The highest growth was observed within the 500–1,000-metre zone. Here, the built-up area increased by 63.3 per cent by 2024, from 46.42 sq km in 1997 to 75.82 sq km in 2024.

Traffic cops given kits to be 'cool'

The Bengaluru North City Corporation (BNCC) Commissioner Pommala Sunil Kumar on Thursday conducted a health awareness programme and distributed cooling kits to traffic police personnel as part of a Heat-Health Protocol pilot initiative aimed at addressing rising temperatures in the city.

The initiative was implemented in collaboration with C40 Cities, Sensing Local and Hasiru Dala.

As part of the pilot, traffic police personnel were sensitised on the impact of extreme heat, related health risks and preventive measures. To support their wellbeing, 20 air-conditioned cooling helmets were distributed.

The Commissioner noted that protecting outdoor workers has become increasingly important in the context of climate change and rising urban temperatures. He said similar cooling kits had earlier been provided to pourakarmikas, ASHA workers and dry waste collection centre staff, and the initiative has now been extended to traffic police personnel.

He added that feedback on the effectiveness of the kits would be collected and the programme could be expanded to cover more frontline workers in the future. Proposals are also being considered to introduce heat-mitigation measures at Indira Canteens and select government offices.

During the session, officials provided guidance on heat stress symptoms, emergency precautions and safety protocols. —BMB

Yellow Line found to have benefits beyond sustainability

Namma Metro's Yellow Line, connecting RV Road to Bommasandra, has strong potential in reducing pollution levels and heat exposure to Bengalureans, improving public health and overall quality of life in the city, a study by the Indian Institute of Science (IISc) has stated.

Titled Assessing the Impact of Yellow Line Mass Rapid Transit (MRT) System on Public Health and Quality of Life: A Sustainable Urban Mobility Perspective, the study surveyed 600 commuters and household residents along the Yellow Line. A baseline survey was conducted before the service began and a follow-up post-implementation survey was carried out six months after.

Survey results show that the infrastructure can lead to health benefits, improve liveability and ensure sustainable urban growth.

According to researchers at the Sustainable Transportation Lab, IISc, walkers and two-wheeler riders absorb the highest doses of PM2.5, well above both WHO and CPCB limits year-round. The Yellow Line would lead to a dramatic reduction in pollution and heat exposure as commuters travel in a climate-controlled, enclosed environment and experience near-zero direct outdoor pollution exposure, with thermal comfort comparable to an air-conditioned car.

Moreover, shifting to the metro will add 10–15 minutes of walking per commute, translating to 50–75 additional minutes of moderate physical activity per week, a significant benefit in a population with near-zero baseline activity levels.

Researchers say travel satisfaction and accessibility are the strongest predictors of mental wellbeing. Post-implementation respondents reported feeling less tired, more in control of their daily routines and better able to balance work and personal life after switching to the metro. "A modal shift away from two-wheelers, the highest-risk road mode, is also projected to reduce the frequency and severity of road traffic accidents along the Yellow Line corridor," the study has noted. Based on the outcome, researchers say policymakers should introduce affordable and differential fare policies to improve metro accessibility, strengthen last-mile connectivity and shared mobility and promote metro systems as a sustainable mode of transport. –BMB

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World Environment Day

110 islands shrink as climate change erodes coastal lifelines

Fertile fields vanish, residents migrate, and fragile ecosystems collapse under sea erosion, sand mining, and climate pressures

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Erosion and migration have transformed once fertile lands into fragile patches, forcing families to abandon ancestral homes for urban livelihoods

Once thriving with paddy, sugarcane, and coconut, coastal kudru islands now face neglect, erosion, and migration, leaving communities uprooted and ecosystems endangered amid relentless climate and human pressures

Across the coastal districts of Dakshina Kannada, Udupi, and Uttara Kannada, there are more than 110 islands, locally known as 'kudrus'. These islands, once expansive and fertile, now face severe land erosion and shrinkage due to climate change, sea erosion, illegal sand mining, and embankment construction. Experts estimate that the average size of these islands has reduced by 6 to 8 percent in recent decades. The islands, which historically emerged from coastal highlands behind the sea, once covered areas ranging from 50 to 100 hectares each. They served as fertile agricultural hubs where paddy, sugarcane, vegetables, banana, and coconut plantations thrived. Sugarcane harvested from these islands was processed into jaggery, while fresh vegetables were transported to nearby towns, supporting the livelihoods of thousands of families.

Over the past three decades, however, the agricultural landscape of these islands has changed drastically. Vast stretches of cultivated land have given way to shrubs and bushes. Fields that once produced paddy, sugarcane, and vegetables have disappeared, leaving behind only coconut plantations in many places. In some islands, agricultural activity has stopped altogether.

Sources said erratic climate patterns and relentless sea erosion over the past two decades have accelerated the loss of land. Illegal sand mining and embankment construction have further worsened the situation, causing some islands to lose significant portions of their landmass. Environmentalists warn that if the current trend continues, several smaller islands could face irreversible damage in the coming years. Several islands that once spread across nearly 100 hectares have shrunk considerably. In some locations, their area has reduced by several hectares, while coconut trees along the coast stand uprooted or lean dangerously towards the water, reflecting the growing impact of erosion.

More than 25 percent of these islands remain inhabited, but residents face numerous challenges. Many villages lack reliable electricity and solar-powered street lighting. Transport facilities remain inadequate, with no mechanised boats or organised ferry services available. The difficulties become more severe during the monsoon, prompting many families to migrate to urban areas in search of better opportunities. Residents, particularly in Dakshina Kannada and Udupi districts, also struggle with limited access to education and employment because of poor connectivity. The absence of regular public transport and basic infrastructure continues to affect their quality of life and economic prospects.

While several islands continue to shrink, some areas have witnessed land accretion through sand deposition, slightly extending their boundaries. Raghu D, Regional Director, CRZ, Mangaluru, said, "The shrinking of these islands is a significant environmental and socio-economic concern. Urgent measures are needed to protect these fragile ecosystems and support the communities that depend on them."

IN HIGH COURT

Homestay owner challenges assault FIR

The owner of a homestay in Kodagu, who has been named in a case involving the alleged sexual assault of a woman from the United States, has approached the Karnataka High Court seeking the quashing of the FIR registered against him. He has also sought compensation of Rs.15 lakh, alleging that his arrest violated his fundamental rights. The matter was mentioned before Justice M. Nagaprasanna on Thursday by advocate Angad Kamath, appearing for the petitioner, and the court agreed to hear the case on June 8. Kamath argued that his client was only the proprietor of the villa and had no direct role in the alleged offence, which involved the housekeeper. He also informed the court that authorities had cancelled the homestay licence. The owner was arrested on April 19 and secured bail from a Sessions Court on May 2. — BMB

Judge refuses dogs' return bid

The Karnataka High Court has strongly questioned a man accused of mistreating dogs and indicated that it was not inclined to restore custody of nine rescued dogs to him while the case remains pending. A bench headed by Justice M Nagaprasanna, hearing a petition by PETA India, extended its interim stay on a magistrate court order directing the release of the dogs. The court observed that animals do not need physical punishment for training and remarked that there was no justification for hitting dogs. The dogs, rescued in February following allegations of cruelty, remain with animal welfare organisations. During the hearing, the court also questioned why the accused was keeping nine dogs and expressed concern over the reported treatment of the animals. The matter has been posted for further hearing on June 10. — BMB

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KSRTC announces 2026 employee transfer schedule

The Karnataka State Road Transport Corporation (KSRTC) has issued guidelines regarding the 2026 inter-corporation transfer process for its employees in Grade-3 non-supervisory and Grade-4 categories. According to the notification, the transfer application process will begin on January 1, 2026, at 11 a.m. and remain open until February 28, 2026, at 5.30 pm. Eligible employees can submit applications online through the official website. The corporation also published the list of mutual and general transfer orders on June 4, 2026. Mutual transfer orders cover special categories, including spouse cases, employees with more than 40 per cent disability, and those with serious medical conditions. Employees opting for mutual transfers will be relieved from June 8, General transfer postings will be allotted through online counselling scheduled from June 11 to June 17. — BMB

Karnataka launches grievance, NRI ministries

Chief Minister D K Shivakumar on Thursday announced that the state government will establish two separate ministries, one for Public Grievances and another for Non-Resident Indians (NRIs), to improve governance and address citizen concerns more effectively. Speaking after chairing a high-level meeting with senior officials at Vidhana Soudha, Shivakumar said, "We are planning to start an NRI Ministry in our government. If NRIs are interested in investing in our state, this ministry will help provide the necessary facilities. I have instructed officials to prepare for it." He also announced, "In our government, we will set up a separate ministry to listen to public grievances and respond to them. A dedicated minister will be appointed. At present, several groups stage protests every day; this ministry will help address their concerns." Shivakumar added that officials had been instructed to function transparently and without external pressure. — BMB

Relief to company in Covid layoffs case

The Karnataka High Court has set aside a state government order that had approved criminal prosecution against a company for laying off workers during the Covid-19 pandemic, holding that the government failed to provide adequate reasons for granting the sanction. Justice Ananth Ramanath Hegde observed that the government had not independently examined the matter before permitting prosecution. The court noted that the sanction order lacked reasoning and did not demonstrate application of mind. The case was filed by International Trimmings and Labels India Private Limited, which challenged the government's decision to allow criminal proceedings under the Industrial Disputes Act. The company laid off 61 of its 112 workmen in May 2020. The workers' union later approached authorities, following which the government granted sanction for prosecution. Court quashed the order, sought review within three months. — BMB

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PUBLIC NOTICE

My client intends to Purchase with respect to properties mentioned and described in the Schedule hereunder, with its owner, **Mrs. Alice Carri,** wife of late Mr. S. X. Carri. The Owner represents that she is the absolute owner of the Schedule Property and have good marketable, right, title and interest therein and that apart from her, there are no other entity/ies, person/s having any right or claim over the Schedule Property. The Owner further represents that she has not entered into any Agreements/ MoU with any entity/ies, person/s and that she has not mortgaged, created any lien or encumbered the Schedule Property or any part thereof in any manner, to any person/s. Any person/s having objection/s or claim/s shall with documentary evidence, lodge their objection(s)/ claim(s) within **15 (Fifteen)** days from the date of publication of this Notice with the Undersigned failing which, my client shall proceed with the above-mentioned transaction.

SCHEDULE

All that piece and parcel of the converted property bearing Sy.No.109, [A.L.N (Jala) S. R. 78/2014-15 dated 04-07-2015] PID No. 150200200900420843, measuring in total 6 Acres, situated at situated at Navarathna Agrahara Village, Jala Hobli, Bengaluru North Taluk, Bengaluru Urban District and bounded on

East by: Sy.Nos.108, 107, 106,
West by: Sy.No.110 and Gadenahalli boundary,
North by: Sy.No.114 &
South by: Gadenahalli boundary.
Place: Bengaluru
Date: 04.06.2026

Sd/-
RAVEENDRA T R, Advocate,
No.C-205, House of Lords, St.Marks Road, Bangalore-560001
Ph No. 96861 64255

PUBLIC NOTICE

Public are hereby notified that our client, is intending to purchase of the immovable property described in the Schedule hereunder from Sri. Guninder Singh Chandok, Son of Late Sri. Ujagar Singh Chandok Residing at No.3 Nandi Durga Road Extn. Bangalore-560046, having acquired the property under a family Partition deed Registered as document No. **GAN-1:-02749-2007-08** dated **17.10.2007** In the office of the Sub Registrar, Gandhl Nagar (Ganga Nagar) Bangalore. If any person/s, financial institutions/Bank has any claim, right, interest or title over the Schedule property, the same may be made known to the undersigned in writing with documentary proof within **15 days** of this Notice from today, failing which it will be presumed that the schedule property is free from any such claim and any claim received thereafter will not bind my client and will not be entertained by my client.

SCHEDULE OF PROOPERTY

All that piece an d parcel of the immovable property including super built up structure consisting two floors, bearing old No.95, New No. 3, 7th Road, Nandi Durga Extension, Bangalore-560046 measuring East to West 44ft. North to South 65 feet + 67/2 bounded on **East by :** Site No. 94, **West by :** Site No.96, **North by:** Private land & **South by :** Road.

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I, AHAMED NAWAZ KHAN, S/o Mahaboob Ali Khan, R/o Meher Enclave 1st Floor, 14 Kutty Colony 3rd cross Bengaluru - 560011. I have changed my name to AHMED NAWAZ KHAN vide affidavit dated: 02/06/2026 FOR ALL FUTURE PURPOSES.

I Vidhyalakshmi Pandiyan W/O, Senthil Kumar.k R/o N0-5, kanni Sundari Nilayam,behind Mahesh Bhupathi Tennis Court,thindlu,vidyaranyapura, bengaluru-560097 have changed my name to Vidhyalakshmi Senthil Kumar.

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I Nadim Iqbal s/o Majid Hassan r/o No 60,Ground Floor 3rd Cross,4th Main,New Bagal - ur Layout, St Thomas Town, Bangalore,Karnataka-560084 have changed my name To Nadeem Iqbal for all purposes

I Ayush Vikasbhai Wani S/O, Vikas Balkrishna Wani R/o F-1201, Rajhans Cremona, Opp. Rajhans Altezza, Near C.b. Patel Club, Vesu, Surat have changed my name to Ayush Vikas Wani.

I, Mrs. LALPANCHHUNGI CHHAKCHHUAK, D/o of C Lalhmingliana R/A No 9th A Main 3rd Cross Opp. SysAid Technologies Jayaram Reddy Garden Doddabanaswadi Kalyan Nagar B'lore - 43 hereby declare that the name as "LALRAMPANCHHUNGI CHHAKCHHUAK" and "LLALPANCHHUNGI CHHAKCHHUAK" refer to one and the same person

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 # Objectionable content
Wim Wenders pulls 'Wrong Move' out of circulation over teen nude scene of actor Nastassja Kinski

BangaloreMirror | 9
Friday, June 5, 2026
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Stardom through pregnancy

From action sequences to global shoots, these actresses balanced motherhood and movie commitments

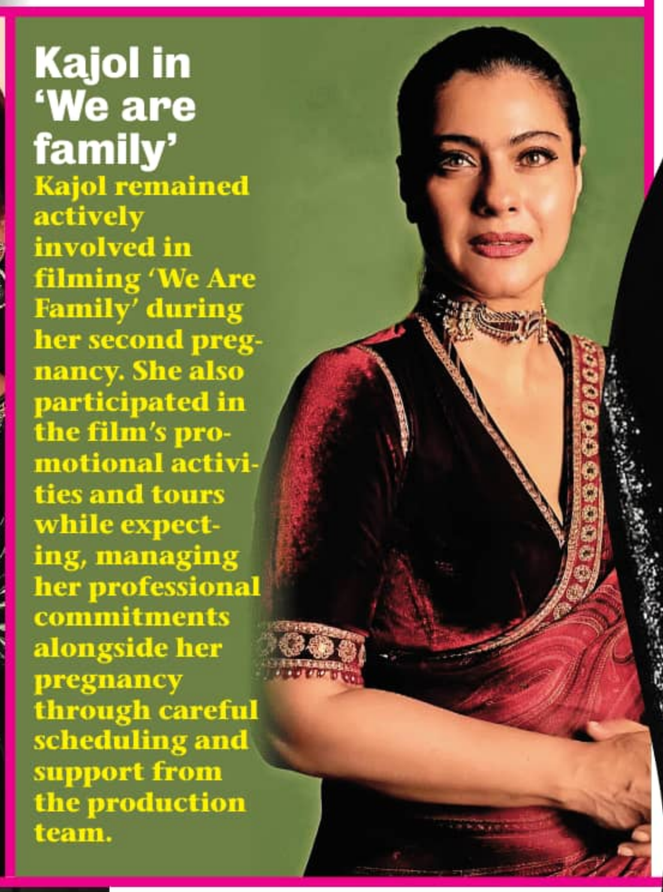
Several Bollywood actresses have continued working through pregnancy, balancing demanding shoot schedules with their personal journeys. From action-heavy sequences to outdoor filming and international projects, these stars have shown remarkable commitment to their craft while adapting their work conditions to ensure safety and comfort during this phase of their lives.

Kareena Kapoor Khan in 'Laal Singh Chaddha'

Kareena Kapoor Khan continued filming for 'Laal Singh Chaddha' during her second pregnancy, completing her remaining portions under strict COVID-era safety protocols. The production maintained limited crew interaction and controlled environments as she finished her scenes while prioritising her health during the pandemic-affected schedule.

Yami Gautam in 'Article 370'

Yami Gautam filmed significant portions of the political thriller 'Article 370' while pregnant. Her work involved travel and outdoor shoots that required careful planning and coordination. She continued filming important scenes while balancing professional commitments with health considerations.



Kajol in 'We are family'

Kajol remained actively involved in filming 'We Are Family' during her second pregnancy. She also participated in the film's promotional activities and tours while expecting, managing her professional commitments alongside her pregnancy through careful scheduling and support from the production team.

Alia Bhatt in 'Heart of stone'

Alia Bhatt worked on multiple projects while expecting, including her Hollywood debut 'Heart of Stone', where she filmed action sequences under carefully monitored conditions. She also completed portions of the hit Bollywood film 'Rocky Aur Rani Kii Prem Kahaani', including song sequences and key scenes, while managing her schedule and continuing to work during her pregnancy. **—ETimes**

Deepika Padukone in 'Kalki 2898 AD'

Deepika Padukone continued shooting for the big-budget sci-fi epic 'Kalki 2898 AD' while pregnant with her first child. Despite her pregnancy, she reportedly filmed demanding sequences, including parts of the film's climax that required significant physical effort and long shooting schedules. Her commitment to completing key portions of the project while following safety protocols on set drew widespread attention.

Swift's Pixar melody

Grammy winner Taylor Swift has announced her original song for Toy Story 5 and revealed that she wrote the number titled 'I Knew It, I Knew You' as soon as she got home from an early screening of the film.

She wrote on Instagram: "It's a Toy Story! You knew it! My new original song 'I Knew It, I Knew You' for Disney and @pixar's @toystory 5 will be yours on June 5th. I've always dreamed of getting to write for these characters who I've adored since I was a 5-year-old kid watching the first Toy Story movie."

The singer said she instantly fell in love with the fifth instalment.

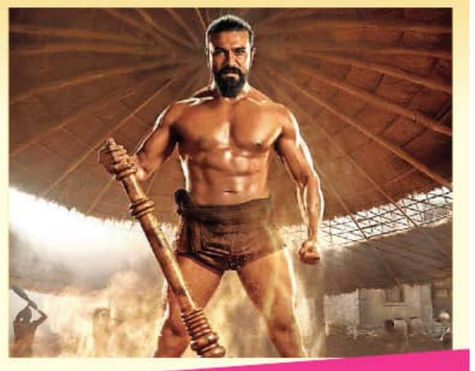
"I fell instantly in love with Toy Story 5 when I was lucky enough to see it in its early stages, and I wrote this song as soon as I got home from the screening. Sometimes you just know, right?

"You can pre-order now exclusively on my site and catch Toy Story 5 in theatres June 19th."

The track is co-written and co-produced by Swift and Jack Antonoff, who returns to collaborate with the singer after working on her album The Tortured Poets Department.

The Toy Story franchise began in 1995 and follows the adventures of Sheriff Woody, Buzz Lightyear and their fellow toys. **—IANS**

Story is king in this sports drama



PEDDI

3.5 RATING ★★★½☆

- **DIRECTOR** Buchi Babu Sana
- **ACTORS** Ram Charan, Janhvi Kapoor, Dr Shiva Rajkumar, Jagapathi Babu, Divyendu, Boman Irani
- **Duration** 189 minutes
- **Certification** U/A

Multi-lingual movie Peddi is Buchi Babu Sana's second directorial. He debuted with Telugu blockbuster Uppena. Buchi Babu Sana gives importance to the script rather than indulging in heroics. The director gradually builds up the plot and finally conveys what he wants. He handles the megaphone with aplomb and has succeeded in exploiting Ram Charan's acting skills by making him follow the script religiously.

The star cast and sets put up for filming this movie prove the producer has gone all out. The other surprise is Jagapathi Babu, who has entered into the skin of the character without bothering about his star image. Kudos to him for agreeing to play such a role that has the scope for neither heroism nor glamour or humour. A scene where he pleads with the minister will melt your heart.

The movie, set in the backdrop of the 1990s, is about Peddi (Ram Charan), who is an expert in jaggery making and also known for hitting sixes in cricket. After facing humiliation, Peddi joins hands with Gournaidu (Dr Shiva Rajkumar) to learn wrestling. He wants to realise the dream of his well-wisher Appalasuri (Jagapathi Babu). He decides to participate in a national-level wrestling competition but ends up in a hospital. Doctors declare Peddi unfit to participate in the competition. You have to watch the movie to know whether Peddi succeeds in his quest.

Ram Charan is at his best. He walks away with all honours for his sterling performance. His dancing is a treat to watch. Dr Shiva Rajkumar, as a wrestling coach, is convincing. His dialogues and gestures are good. There is no dearth of glamour quotient with Janhavi Kapoor and Shruthi Hassan vying with each other in a dance scene. Boman Irani, Divyendu, and Ravi Kishan provide good support.

AR Rahman has scored lilting music and songs are good.

It is worth a watch for those who crave action as well as content-oriented movies.

—Y Maheswara Reddy

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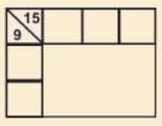
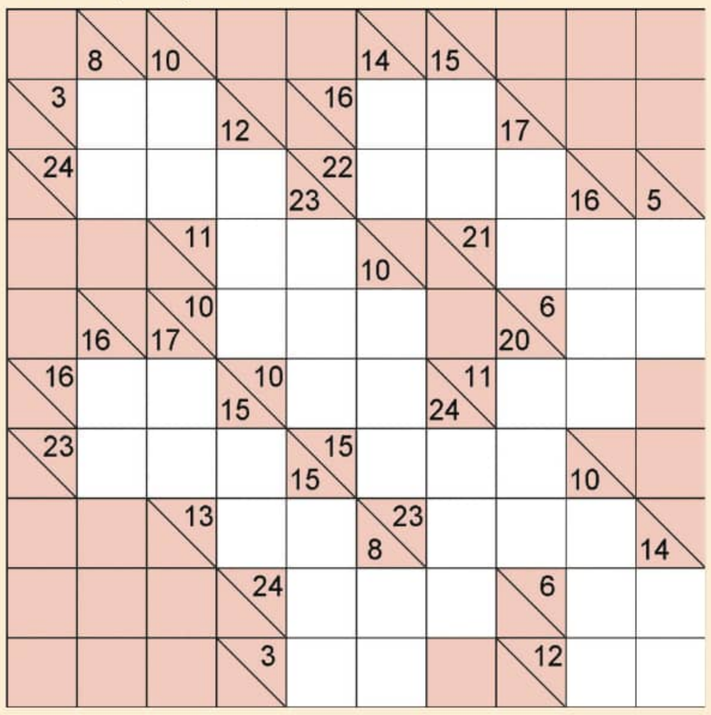
Kakuro

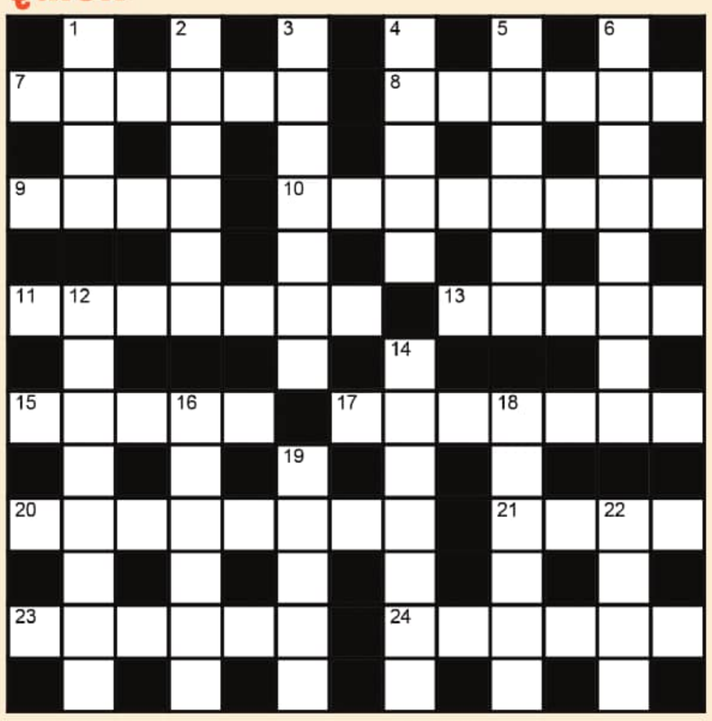
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 A minister, for us Indians? (6)
8 Sikh headwear (6)
9 East European (4)
10 A foolish, useless, or ill-advised venture (4,4)
11 Culinary art (7)
13 West Yorkshire city (5)
15 Peppery or pungent (5)
17 Operating a car (7)
20 Test something or put something through its motions? (3,2,3)
21 Chew on (4)
23 Dismissing (6)
24 Voice box (6)

DOWN

1 Come down freely or descend (4)
2 Wards off (6)
3 India's old-time wicket keeper Syed ____ (7)
4 Male deer (5)
5 Capital of the Czech Republic (6)
6 Applied brakes forcibly? (6,2)
12 Keep a stiff ___ ___ : show fortitude? (5,3)
14 In a very annoyed manner; indignantly or madly (7)
16 Reviewer (6)
18 Former Karnataka Governor who went on to become India's President (1,1,4)
19 Small dog (5)
22 Hindu god of fire (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: D EQUALS H

GDR KBRTG YSJLSWRB ASRW ISG WRG GS XSBN PRYTQWR DR UW UIWLUBRA, PQG PRYSJRW UIWLUBRA PRYTQWR DR UW XSBNUIK.

Linemaro

The sorting hat has spoken and it says I belong with you

Mindchow

If you are walking down the right path and you're willing to keep walking, eventually, you'll make progress

Joke of the day

There's an old saying about those who forget history... I don't remember it, but it's good.

Loop

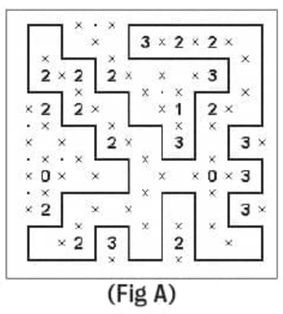
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

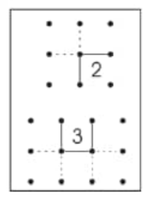
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

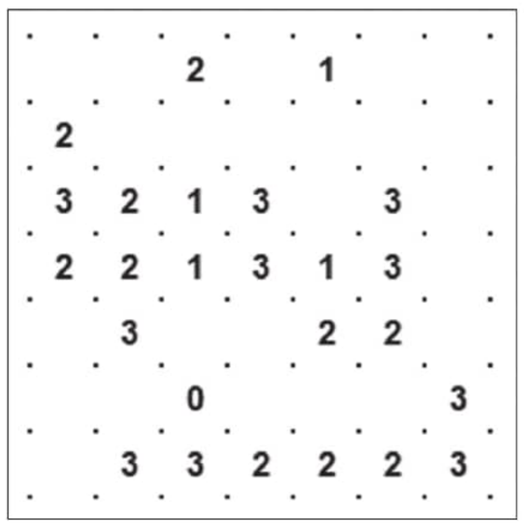
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



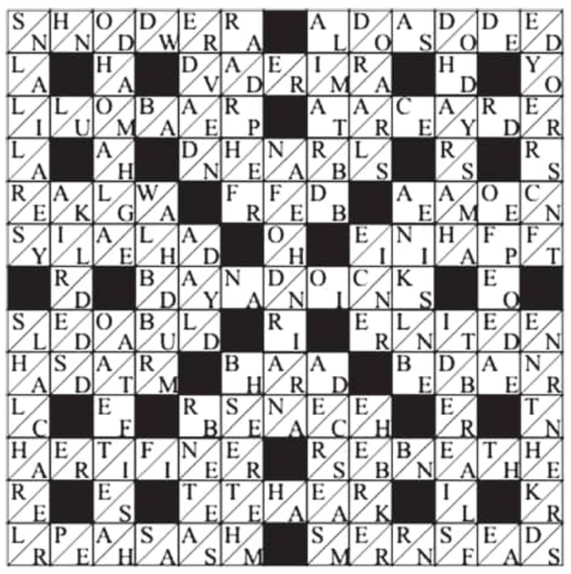
(Fig A)



(Fig B) Not Allowed



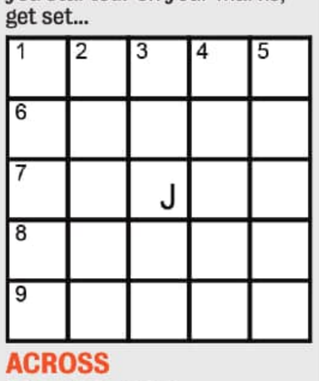
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

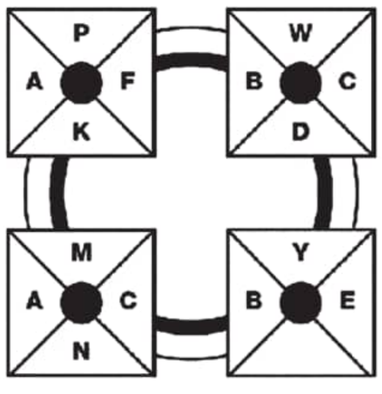
1 As CGS; 6 Talon; 7 Yo Jen; 8 To all; 9 My sou

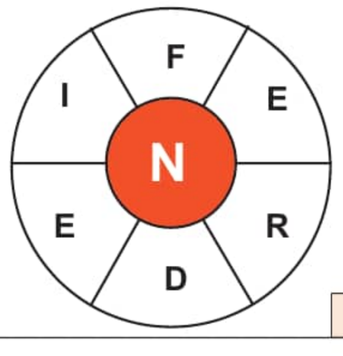
DOWN

1 Meats; 2 Cot on; 3 A Juno; 4 Lagos; 5 Ly S Ly

Mensapuzzle

Which letter goes in the empty segment to complete the sequence?





Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

17 Average; 20 Good; 22 Outstanding

SudokuChallenge

	5		7		9		1	
1	2		6	4	5		7	3
	4	3		1		8	9	
	6	7		2		5	4	
4	8		9	7	2		5	6
	9		3		8		2	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 5

2 3 4 4

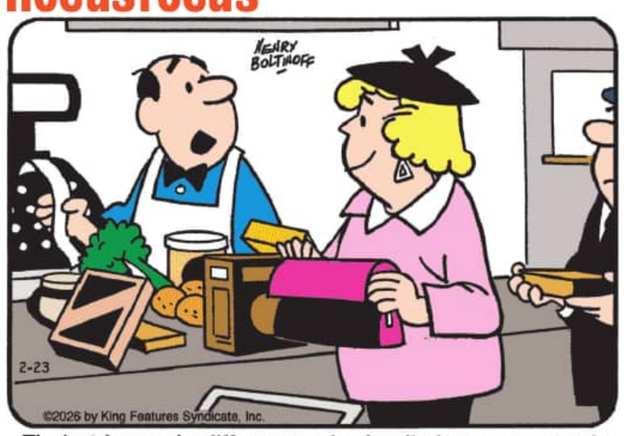
Medium = 7

1 3 5 9

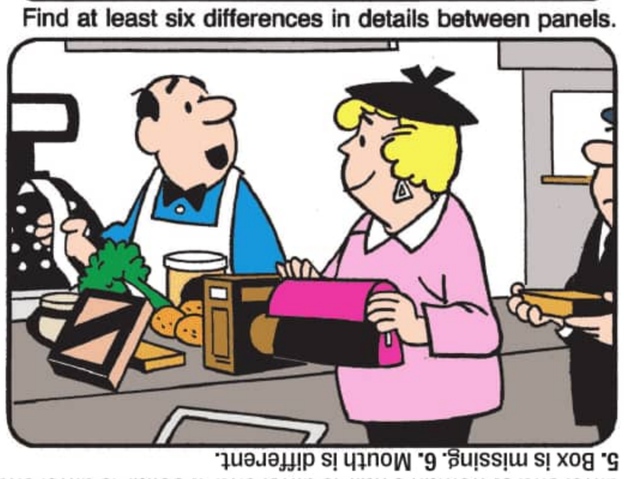
Hard = 16

3 4 7 9

Hocusfocus



Find at least six differences in details between panels.



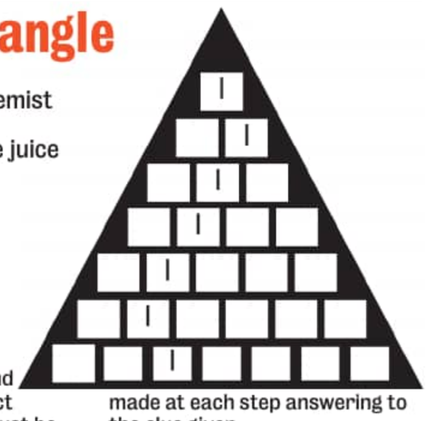
Differences: 1. Cart handle is moved. 2. Front of box is different. 3. Woman's hair is different. 4. Collar is different. 5. Box is missing. 6. Mouth is different.

Riddler

I am flora, not fauna, I am foliage, not trees, I am shrubbery, not grass, What am I?

Alpha triangle

1 Pronoun
2 Nickel for the chemist
3 Take the trophy
4 Fermented grape juice
5 Make broader
6 Out of breath
7 Become less

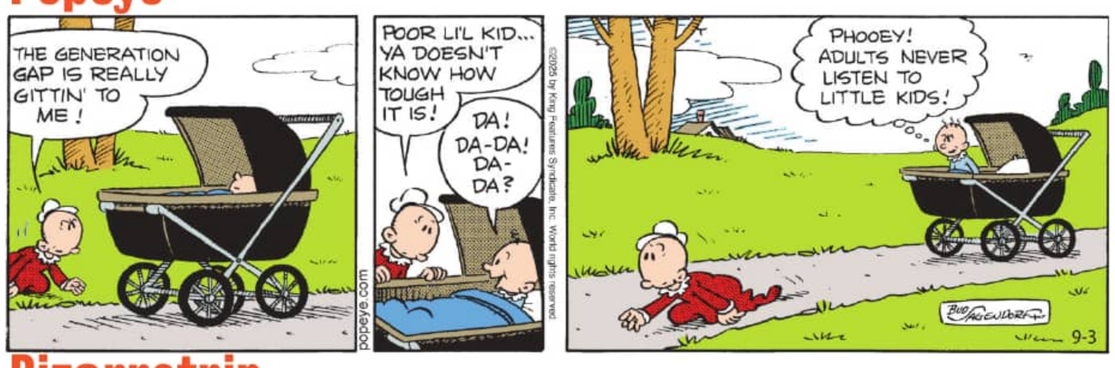


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye


THE GENERATION GAP IS REALLY GITTIN' TO ME!
POOR LI'L KID... YA DOESN'T KNOW HOW TOUGH IT IS!
DA! DA-DA! DA-DA?
PHOOEY! ADULTS NEVER LISTEN TO LITTLE KIDS!
9-3
popeye.com

Bizarrotrip

Diamond Lil

WILMER HAD THE BIGGEST NOSTRILS I EVER SAW
I MEAN, I'M TALKIN' BIG
WE USED TO CALL HIM THE HUMAN TWO-CAR GARAGE
THANK YOU, LIL
www.creators.com

Hart of the city

WHILE YOU'RE IN MY ROOM, YOU STAY ON THIS SIDE, AND I STAY ON THAT SIDE. NO CROSSOVER!
YOU GAVE ME A CORNER?! FOR A WHOLE WEEK?!
SLEEPY BED
FINE, YOU CAN HAVE THIS CORNER TOO.
HEART OF THE CITY © 2026 ANDREWS MCMEEL
@COMICS.COM/HEARTOFTHECITY

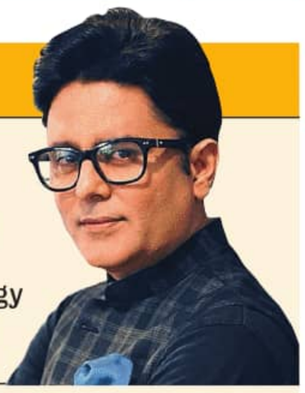
Crankshaft

SO YOU'VE JUST LEFT TEACHING TO WORK ON YOUR COMIC STRIP 'THREE O'CLOCK HIGH'...
HOW DID YOU STAY IN TOUCH WITH YOUR SOURCE MATERIAL?
WELL, THE FACT THAT OUR APARTMENT IN THE CITY WAS RIGHT ACROSS FROM A HIGH SCHOOL DIDN'T HURT...
BUT WHEN MY HIGH SCHOOL ART TEACHER OPENED THE DOORS TO HIS CLASSROOM FOR ME...
I COULD RETURN TO WESTVIEW HIGH WHENEVER I WANTED TO BECAUSE I SUDDENLY HAD A PERMANENT HALL PASS!
PIZZA
BATIUK & DAVIS

Mutts

WRITTEN IN THE STARS

DR SUNDEEP KOCHAR



If it's your birthday today

Travel plans dominate your thoughts, and booking a spontaneous weekend getaway will rejuvenate your spirit. Career transitions look highly favourable right now, so polish your resume or pitch that ambitious idea. In love, clear boundaries prevent unnecessary misunderstandings. Balance your high energy by practicing grounding exercises or spending quiet time in nature during the evening hours.

Aries Mar 21–Apr 20
Positive energy surrounds you today, boosting productivity and motivation effortlessly. Your uplifting attitude inspires others while helping you complete postponed responsibilities smoothly. Use this optimistic momentum wisely to accomplish important goals with confidence and joy.

Taurus Apr 21–May 20
Completing unfinished responsibilities early today creates a calmer and more relaxing atmosphere later. Stay focused on existing commitments instead of accepting new tasks. Organized efforts now prevent unnecessary pressure and keep everything manageable beautifully.

Gemini May 21–Jun 21
Allowing life to unfold naturally today brings unexpected opportunities and valuable experiences your way. Instead of controlling every outcome, trust the process. Going with the flow reduces stress and encourages exciting personal growth ahead.

Cancer Jun 22–July 23
Exciting new opportunities encourage personal growth and expanded horizons today. Exploring fresh projects feels inspiring, but balance remains important. Taking manageable steps carefully helps you grow confidently without overwhelming yourself or exhausting your energy.

Leo Jul 24 – Aug 23
Your magnetic confidence shines brightly today, naturally attracting admiration and exciting opportunities. Step beyond familiar routines and experiment with something different. Trying new experiences now could spark interests that become surprisingly rewarding later.

Virgo Aug 24–Sep 23
Keeping healthy boundaries today protects your peace and emotional wellbeing beautifully. Some people may seem difficult or unfair, but avoiding unnecessary negativity works best. Surround yourself with supportive individuals who genuinely value and appreciate you.

Libra Sep 24–Oct 22
Others may encourage you into activities that don't truly interest you today. Prioritise your own comfort and personal space confidently. Saying no gracefully allows you to protect your energy and enjoy meaningful downtime instead.

Scorpio Oct 23–Nov 22
Life may feel slightly unpredictable today, yet this creates opportunities for valuable learning and growth. Releasing the need for complete control helps you stay calm, embrace risks, and discover exciting possibilities confidently today.

Sagittarius Nov 23–Dec 22
Collaboration brings the greatest success today, even if you usually prefer handling everything independently. Asking for support strengthens teamwork and builds stronger connections. Others genuinely appreciate your trust and willingness to work together openly.

Capricorn Dec 23–Jan 20
Something you've deeply hoped for may finally begin manifesting today. Exciting opportunities appear unexpectedly, encouraging you to step outside your comfort zone. Careful evaluation and bold confidence help you make rewarding choices successfully.

Aquarius Jan 21–Feb 19
Life begins feeling far more exciting and adventurous today as fresh opportunities appear unexpectedly. Exploring unfamiliar experiences broadens your perspective beautifully. Embracing change confidently helps you discover passions and possibilities you never previously considered.

Pisces Feb 20–Mar 20
Past mistakes resurface today, offering you a meaningful opportunity for growth and healing. Address unresolved situations honestly and peacefully. Correcting misunderstandings now restores balance, improves relationships, and helps you move forward with greater clarity.

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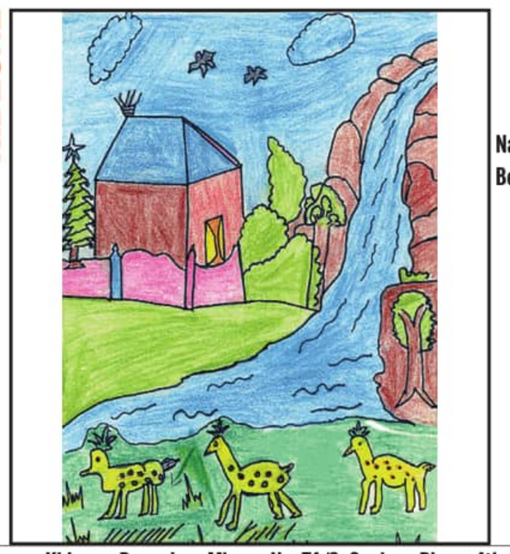
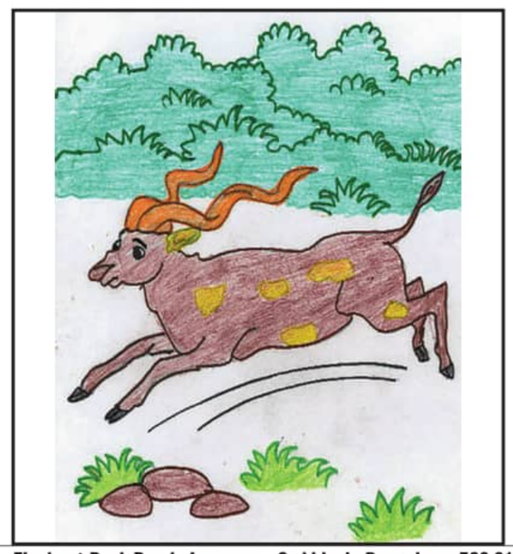
KIDZONE



Nagaveni, Bengaluru



Dhanush, Bengaluru

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

BULL'S EYE
define, denier, dine, diner, fend, fender, fern, fiend, find, finder, fine, fined, finer, friend, infer, need, refine, REFINED, rein, reined, rend, rind

QUOTE UNCODE
The great composer does not set to work because he is inspired, but becomes inspired because he is working.

FAST FIVE

S	C	A	G	S
T	O	N	A	L
E	N	J	O	Y
A	T	O	L	L
M	O	U	S	Y

SOLVE IN 1M
= √(64) / √(10 − 6)
= 8 / √4
= 8 / 2 = 4

STRIKE OUT

S	H	O	W	E	R		L	O	A	D	E	D		
A	H	V	A	R	I	A	H	O						
L	U	M	B	E	R		A	R	C	A	D	E		
A		A		N	E	A	R	S		R	S			
R	A	G	A		R	E	D		A	M	E	N		
Y	I	E	L	D		O		I	N	A	P	T		
	D		B	A	N	N	O	C	K		O			
S	E	O	U	L		I		E	L	I	D	E		
A	D	A	M		B	A	A		E	D	E	N		
C		F		B	E	N	C	H		E		T		
H	E	I	F	E	R		R	E	B	A	T	E		
	R	E	S		E	T	H	E	R		L		R	
R	E	H	A	S	H		S	E	N	S	E	S		

QUICK

												P		
											F	I	R	I
											L		T	
										T	R	Y	I	T
									S	P	I	C	Y	
								P						
							C	U	I	S	I	N	E	
						E								
					S	L	A	V		M	U	G	S	G
				M	A	N	T	R	I		T	U	R	B
			F		S		K		S		P		J	

MENSA PUZZLE
B. In each square take the numerical value of the left and right segments to give the value of the letter in the top segment and the reverse alphabetical value of the letter in the bottom segment.

RIDDLER A bush

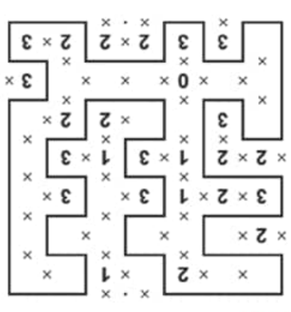
SUDOKU

6	5	4	7	3	9	2	1	8
3	7	9	2	8	1	4	6	5
1	2	8	6	4	5	9	7	3
2	4	3	5	1	6	8	9	7
8	1	5	4	9	7	6	3	2
9	6	7	8	2	3	5	4	1
4	8	1	9	7	2	3	5	6
5	3	2	1	6	4	7	8	9
7	9	6	3	5	8	1	2	4

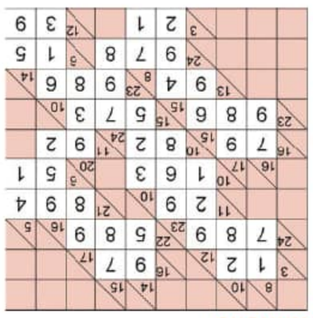
ALPHA TRIANGLE
I, Ni, Win, Wine, Widen, Winded, Dwindle.

GO FIGURE
Easy
2 − 4 + 4 + 3 = 5
Medium
3 × 5 + 1 − 9 = 7
Hard
7 × 4 − 9 − 3 = 16

LOOP



KAKURO



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